



Breakout Sessions



After the keynote speaker at 9:00, mix and match sessions from these four tracks - the choice is yours!

RURAL FAMILIES

It's all about people, nutrition, relationships and leadership. Make better decisions to nourish your mind, body, and soul!

FARM BUSINESS

The business of boosting your bottom line! Maximize the fruits of your labor by protecting your soil, managing your risk, and maximizing your price.

RURAL DEVELOPMENT

Building Missouri's rural economy through value added agriculture, agri-tourism, and government programs.

GARDENING

In by inch, row by row, you're gonna make your garden grow!

10:00-10:50 Eat Wise, Drop a Size—Healthy Weight Management

Stacey Winter

Learn the latest on healthful ways to smarter weight management.

Soil Health

Doug Peterson

Healthy soil leads to healthy plants and animals, which leads to healthy people.

Baltimore Bend & Old Trails

Sarah Schmidt

Explore what has made Baltimore Bend a success, and how the Old Trails Tourism Partnership can help.

What Bugs You?

Jaime Pinero and Jacob Wilson

Manage Japanese beetles and pests of tomatoes and cucurbit crops using trap crops and an integrated approach.

11:00-11:50 Peace versus Pieces

Art Schneider

Tips for holding relationships together and what to do when it is time to divide up the pieces.

Crop Insurance

Cara Riekhof

Strategies to protect your farm's revenue using crop insurance.

USDA Programs

USDA staff

Take advantage of federal conservation, production, disaster, and loan programs.

Feasting with Native Plants

Nadia Navarrete-Tindall

Learn to identify, grow, and cook with native plants that you may already have on your farms. Samples served!

12:00-1:05 Lunch

Luncheon music provided by the Roadkill Clarinet Quintet. *"If we miss it the first time, we'll back up and run over it again!"*



1:15-2:00 Standing Up for Agriculture

Chris Chinn explains the importance of standing up for your way of life! Learn why communicating with social media like Facebook and Twitter is vital to educating others on our sometimes misunderstood industry.

2:10-3:00 When Mom Takes Over the Farm

Parman Green

Succession—planning and communication can substantially reduce the stress and conflicts of a transition.

Grain Marketing 101

Mary Sobba

The ABCs of marketing terminology, resources, and tools.

Barns, Quilts, and \$\$\$

Cynthia Crawford

Is it a farm quilt show? Will there be details on barns and quilts driving tours? Will there be a financial focus? Yes!

Square Foot Gardening

Billie Long

Get big harvests from small garden plots and planters.